



LISI CARRIERS' DISCOUNT PROGRAMS

	AETNA	ANTHEM BLUE CROSS
Dental	None	None.
Fitness	<p><u>GlobalFit</u>: Members can save on gym memberships* and name-brand home fitness and nutrition products that support a healthy lifestyle with services provided by GlobalFit.</p> <p><i>* Participation in GlobalFit is for new gym members only. If members belong to a gym now or belonged recently, they should call GlobalFit to see if a discount applies.</i></p>	<p><u>ChooseHealthy</u>: Discounts on fitness clubs.</p> <p><u>Garmin</u>: 20% off vívofit 2, vívosmart, vívoactive or Forerunner 15 wearable activity trackers.</p> <p><u>GlobalFit</u>: Discounts on gym memberships, fitness equipment, coaching, and more.</p>
Hearing	Members and their families can save on hearing exams, hearing aids, batteries and other hearing aid services. The discounts are offered by Amplifon Hearing Health Care (formerly HearPO®) and Hearing Care Solutions.	<p><u>Amplifon</u>: 25% off – plus an extra \$50 off one hearing aid, \$125 off two. (From Amplifon, formerly known as HearPO)</p> <p><u>Beltone</u>: up to 50% off hearing aids in a free hearing screening.</p>
Relaxation Therapies	<u>ChooseHealthy Program</u> , through ASH Networks and <u>Healthyroads</u> : Save on Massage therapy, Acupuncture, Chiropractic care, Dietetic counseling, over-the-counter vitamins, yoga equipment, online medical consultations and more.	<p><u>ChooseHealthy</u>: Discounts on acupuncture, chiropractic, and massage.</p> <p><u>LivingEasy</u>: 40% off Living Easy - A program for Stress Management™.</p>
Smoking Cessation	None	<u>LivingFree</u> : 40% off smoking cessation program.
Vision	Members can save on eye exams, eyeglass frames and lenses, non-disposable contact lenses and solutions, prescription and non-prescription sunglasses, LASIK eye surgery and more from EyeMed Vision Care. Aetna and EyeMed offer members a nationwide network of eye care providers at the following retail chains: LensCrafters®, Pearle Vision®, Target Optical®, Sears Optical®, and JCPenney Optical. Members can get these discounts even if they have other Aetna vision benefit coverage.	<p><u>1-800 Contacts</u>: \$20 off orders of \$100 or more and free shipping.</p> <p><u>EyeMed</u>: 30% off a new pair of glasses. 20% off non-prescription sunglasses. 20% off all eyewear accessories.</p> <p><u>Glasses.com</u>: \$20 off orders of \$100 or more and free shipping.</p> <p><u>Premier LASIK Network</u>: save \$800 on LASIK when choosing a “featured” provider, or a 15% discount with all other in-network providers.</p> <p><u>TruVision</u>: Discount on Lasik through Laser Eye Centers.</p>
Weight Loss	Members can meet their weight loss goals, get healthier and save on the CalorieKing® Program and products, Jenny Craig® weight loss programs and Nutrisystem® weight loss meal plans.	<p><u>Jenny Craig</u>: 50% off All Access enrollment plus 30 days free.</p> <p><u>Lindora</u>: Save 20% off fitness and weight loss motivation and 10% off nutrition bars, foods, and drinks.</p> <p><u>LivingLean</u>: 40% off weight-loss programs.</p>
Other Programs	<p><u>American Cancer Society BookStore</u>: Save on books, greeting cards and kits* purchased online.</p> <p><u>MayoClinic.com bookstore</u>: Save on books and DVDs purchased online .</p> <p><u>Omron</u>: Discount on Omron 7 Series Upper Arm Blood Pressure Monitor</p> <p><u>Pranamaya</u>: Save on yoga DVDs, CDs, online videos and books.</p>	<p><u>ASPCA Pet Health Insurance</u>: 5% member discount.</p> <p><u>HelpCare Plus</u>: Senior care services plus a free pharmacy discount card for just \$11.25 per month.</p> <p><u>LifeMart</u>: Save on beauty/skin care, diet plans, fitness clubs, spas, yoga, sports gear and more.</p> <p><u>LinkWell</u>: Save on the cost of groceries with a series of coupons.</p> <p><u>LivingSmart</u>: 40% off alcohol management program.</p> <p><u>Natural Allergy</u>: 15% off products to relieve allergies.</p> <p><u>Puritan’s Pride</u>: discounts on vitamins, minerals and supplements.</p> <p><u>Safebeginnings.com</u>: 15% off babyproofing products.</p> <p><u>VPI Pet Insurance</u>: 5% off pet insurance.</p> <p><u>WINFertility</u>: 40% off infertility treatment.</p>
Discounts Website	http://www.aetna.com/individuals-families/member-healthcare-cost-management/discounts.html	http://www.anthem.com/specialoffers/home.html



	BLUE SHIELD	CALIFORNIACHOICE® ¹
Dental	None	<u>Dentegra Smile Club</u> : Offers reduces fee dental care services and a network of more than 20,000 providers.
Fitness	<u>24 Hour Fitness</u> : a variety of waived and discounted fees. <u>ClubSport or Renaissance ClubSport</u> : 60% discount on enrollments when joining on a month-to-month agreement OR \$0 enrollment fee when joining with a 12-month agreement. A one-time \$25 processing fee applies at the time of enrollment.	None
Hearing	None	<u>EPIC HSP</u> : Up to 50% on hearing-related products, hearing tests, and more
Relaxation Therapies	<u>Choose Healthy</u> : 25% discounts on acupuncture, chiropractic and massage therapy.	None
Smoking Cessation	None	None
Vision	<u>Blue Shield Vision Discount Program</u> : Save 20% on services. <u>QualSight Lasik</u> : Save on Lasik procedures. <u>Laser Eye Centers/NVISION Eye Centers</u> : 15% discount <u>MESVisionOptions.com</u> : Discounts on contact lenses, sunglasses, readers, and accessories. Free shipping over \$50.	<u>EyeMed Vision Discount Program</u> : Offers all members discounts on frames, lenses, and eye examinations at many locations including Sears and Target optical centers.
Weight Loss	<u>WeightWatchers</u> : Online savings offers special rates on 3-month and 12-month subscriptions. Monthly pass offers unlimited local meetings each month, free eTools (participating locations only).	None
Other Programs	<u>Choose Healthy</u> : 40% discounts on vitamins, herb, yoga equipment and other items.	<u>Cal Perks</u> : access to employee discounts on tickets, memberships and more. <u>California Rx Card Program</u> : Offers discounts up to 75% on prescriptions at most major pharmacies including CVS/ pharmacy, Walgreens, and Rite-Aid.
Discounts Website	https://www.blueshieldca.com/bsca/health-wellness/professional-help/wellness-discounts/home.sp	https://www.calchoice.com/Shared/PDF/CalPerksSlick.pdf

¹ Members will also receive discounts offered by their enrolled medical carrier.

	HEALTH NET	KAISER PERMANENTE
Dental	None	None
Fitness	<p><u>beYou.tv</u>: 33% off subscription, 20% off download to own video.</p> <p><u>ChooseHealthy</u>: Min 10% discount on initial & monthly gym membership dues.</p> <p><u>My Gym</u>: 50% of lifetime membership and 1 free guest class.</p> <p><u>Reebok, Greg Norman and Rockport</u>: 15% discount at outlet and retail stores.</p> <p><u>Sports47Kids.com</u>: 10% discount on fitness apparel & equipment.</p>	<p><u>ChooseHealthy</u>: 10% discount with a participating fitness club. Register for Choose Healthy, receive a free annual membership. Gets you access to online resources and tools to achieve your health and fitness goals.</p> <p><u>Misfit</u>: activity trackers, members receive 30% off the Flash and 35% off the Shine.</p>
Hearing	<p><u>Beltone Hearing Centers</u>: Free hearing screening. 25% discount on hearing aids; free 2 yr warranty.</p> <p><u>Newport Audiology Centers</u>: Members age 10 to 64 receive a complete hearing evaluation for \$30 and 30% discount on standard prices for hearing aids. Purchase a hearing device and receive at no charge a 2-year warranty, 1-year of batteries (up to 48 cells) per aid purchased, unlimited counseling follow-up visits and more.</p>	None
Relaxation Therapies	<u>ChooseHealthy</u> : Receive a 25% discount off the usual and customary fees from contracted acupuncturists, chiropractors and massage therapists.	<u>ChooseHealthy</u> : 25% off acupuncture, chiropractic, and massage services. 10% on stress management.
Smoking Cessation	<p><u>Quit for Life</u>: One on One telephonic support to quit smoking or tobacco use.</p> <p><u>Healthy Living</u>: Six week online program tobacco cessation program.</p>	<u>ChooseHealthy</u> : Save 10% on telephone coaching sessions for smoking cessation.
Vision	<u>EyeMed Vision Care</u> : Receive discounts on eye exams, frames and lenses at more than 20,000 locations including JCPenney Optical®, Target Optical®, and LensCrafters. \$10 off contact lens exam & \$5 off routine eye exam. 15% off retail for conventional contact lenses 35% off retail of any frame at a provider location \$50 single, \$70 bifocal, \$105 trifocal plastic lenses 15% discount on retail Laser Vision Correction or 5% off promotional price.	None
Weight Loss	<p><u>Jenny Craig</u>: Receive a free 30-day program and 50% off the 6-Month VIP (Gold/Platinum) Program or 20% off Jenny Rewards 1-Year Premium Success Program.</p> <p><u>Weight Watchers</u>: Local Meeting vouchers special 13 week series for just \$95.89 - bundled with a FREE Weight Watchers Exercise DVD valued at \$15. The 26-week At Home Kit special value price is \$124.90, which includes shipping and handling. Online Subscription special value price is 12-month subscription \$166.70 (\$50.85 savings) and 3-month subscription \$55.00 (\$10 savings)</p>	<u>ChooseHealthy</u> : Save 10% on telephone coaching sessions for weight management.
Other Programs	<p><u>AccentCare In-Home Care Services</u>: Free initial consultation, 10% off first month's services and free copy of What Everyone Needs to Know About Homecare.</p> <p><u>Backpacker</u>: 1 year (9 issues) for \$14.00 (69% discount).</p> <p><u>ChooseHealthy</u>: up to 40% off suggested retail price for vitamins, minerals & herbal supplements. Free shipping on most orders.</p> <p><u>Safebeginnings.com</u>: 20% off babyproofing products.</p> <p><u>Vegetarian Times</u>: 1 year (9 issues) for \$9.99 (80% discount).</p> <p><u>Yoga Journal</u>: 1 year (9 issues) for \$14.00 (69% discount). 15% off Yoga Journal DVDs and Books.</p>	<p><u>Comfort Keepers</u>: 5% discount on fees for selected services. A 2-hour per-visit minimum for Kaiser Permanente members (The usual per-visit minimum is 3 to 4 hours.)</p> <p><u>Lifestation Medical Alert Monitoring (Southern CA)</u>: Special offer for Kaiser Permanente members is \$21.95 per month.</p> <p><u>Mom's Meals Nourish Care (Southern CA)</u>: Members receive a reduced rate of \$5.98 per meal including tax and delivery.</p>
Discounts Website	https://www.healthnet.com/portal/member/custom/content.sdo?mainResourceFile=/content/general/protected/html/ca/wellrewards/ca_wellrewards_main.html	Member Discount Programs



	SHARP HEALTH PLAN	UNITEDHEALTHCARE
Dental	None	Save up to 25% on cosmetic procedures, such as teeth whitening. Details available to members after login.
Fitness	<u>Best Health Coaching</u> : 30 minute phone consultation, offering a 6 to 12 week program for physical activity. <u>Best Health Online</u> : Variety of multi week fitness plans or create your own. Learn new exercises, cardio log to track activities.	Fitness reimbursement program - \$20 per month for visiting the gym 12 times a month. They will be deposited directly in an account or credited towards gym dues.
Hearing	None	Save up to 25% on hearing devices. Details available to members after login.
Relaxation Therapies	<u>Best Health</u> : 25% off usual provider rates on chiropractors, acupuncturists, and massage therapist through ASHP. <u>Best Health Coaching</u> : 30 minute phone consultation, offering a 6 to 12 week program for stress management.	Save up to 25% on acupuncture, chiropractic care, massage therapy and natural medicine. Details available to members after login.
Smoking Cessation	<u>Best Health Coaching</u> : 30 minute phone consultation, offering a 6 to 12 week program for smoking cessation.	Save up to 25% on smoking cessation programs. Details available to members after login.
Vision	None	Save up to 25% on laser eye surgery. Details available to members after login.
Weight Loss	<u>Best Health Coaching</u> : 30 minute phone consultation, offering a 6 to 12 week program for healthy eating.	Save up to 25% on weight management programs, such as Jenny Craig, Nutrisystem and nutrition counseling. Details available to members after login.
Other Programs	ASHP: Up to 50% off suggested retail price on more than 2400 health and wellness products including vitamins, minerals, herbal and nutritional supplements, books, DVDs, fitness and skin care items. <u>Best Health Online</u> : Wellness workshops on topics such as nutrition, work/life balance or better health management.	None
Discounts Website	https://www.sharphealthplan.com/index.php/health-and-wellness/discounts/	https://www.myuhc.com/

This document is intended to reference partner companies that offer discounts to LISI contracted carriers. It does not include employer discounts, carrier wellness programs, or other services covered under the carriers' medical plans. Available discounts and partner companies are subject to change at any time.

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